

Conference Programme

Friday 8th September – NZ Room 1

8:00am Registration

8:30am Powhiri

Owairaka District School Kapa Haka Group

Conference Welcome

Session 1 Moderator: Julie Collis

9:00am High impact wrist trauma

Mr Chris Taylor

9:30am Imaging of wrist fractures in athletes

Dr Quentin Reeves

10:00am MORNING TEA sponsored by DJO Global

Session 2 Moderator: Eileen Carroll

10:30am Drug screening and prescription

Dr Mark Fulcher

10:45am How much is too much? Loading, bio-banding and growth

Dr Mark Fulcher

11:15am Early specialisation in sport

Dr Dan Exeter

11:45am Managing the growing skeleton

Dr Chris Hanna

12:15pm Elbow tendon pain

Dr Chris Hanna

12:30 pm LUNCH sponsored by At Therapy

- Session 3 Moderator: Rebecca Clay**
- 1:15pm The psychological impact of injury**
Dr Sarah Beable
- 1:45pm Wrist pathology in rowers**
Craig Newlands
- 2:30pm AFTERNOON TEA sponsored by WS Medical**
- Session 4 Moderator: Ann McChesney**
- 3.00pm Rehabilitation of a sporting paediatric**
Graeme White
- 3:30pm High Performance Sport New Zealand team overview**
Louise Johnson
- 3:45pm Athlete monitoring and injury surveillance**
Louise Johnson
- 4:00pm The Paralympic experience**
Graeme White
- 4:30pm Return to play guidelines and case studies**
Louise Johnson
- 4:45pm Hands – no hands. Working with Paralympic athletes**
Megan Munro

Saturday 9th September – NZ Room 1

- 7:00am** **Breakfast for AGM attendees courtesy of the HTNZ Executive Committee**
- 7:30am** **Hand Therapy New Zealand Annual General Meeting**
Please note – HTNZ Members Only
- Session 5** **Moderator:** Ross Simmons
- 9:00am** **Sagittal band and metacarpophalangeal joint sporting injuries**
Ben Cunningham
- 9:15am** **Complexities of the oblique retinacular ligament in sporting injuries**
Ben Cunningham
- 9:30am** **On pitch assessment of upper limb injuries**
Megan Lupe
- 10:00am** **MORNING TEA sponsored by DJO Global**
- Session 6** **Moderator:** Neil Familton
- 10:30am** **Clinical reasoning in the assessment of the sporting elbow**
Mandy Gumbley
- 11:00am** **Jersey finger – Belts and Braces approach**
Ben Cunningham
- 11:30am** **Triangular Fibrocartilage Complex injuries in the athlete**
Ben Cunningham
- 12:00pm** **LUNCH sponsored by WS Medical**

Session 7

1:00pm Practical Breakout sessions

	Marlborough Room 2	NZ Room 4	NZ Room 1
	Tensegrity of the wrist Ben Cunningham	Taping techniques Dan Halliday	Orficast return to sports splinting Hand therapists
1:00pm	Group 1	Group 2	Group 3
2:00pm	Group 2	Group 3	Group 1
3:00pm	AFTERNOON TEA		
3:30pm	Group 3	Group 1	Group 2

7:00pm CONFERENCE DINNER at The Bluestone Room, 9 - 11
Durham Lane, Auckland CBD **sponsored by At Therapy**

Sunday 10th September – NZ Room 1

- Session 8 Moderator:** Sarah Waldin
- 9am Julie Rouse Memorial Lecture – Brachial Plexus Injury**
Mr Simon Chinchawala & Nick Blincoe
- 10am MORNING TEA sponsored by WS Medical**
- Session 9 Moderator:** Sandra Hall
- 10:30am Paediatric Splinting sponsored by At Therapy**
Alison Coyle
- 11:15am Free Papers**
- Outcomes following silastic MCPJ arthroplasty treated postoperatively in a dynamic splint.**
Julie Collis
- Customised functional bracing for treatment of humeral diaphyseal fractures: a pilot prospective case series study.**
Lisa Hansen
- Radial tunnel decompression for the treatment of chronic tennis elbow: A pilot study of seventeen patients.**
David Benn
- An investigation of the management of closed mallet finger injuries in clinical practice, within a New Zealand population.**
Lyndall MacKenzie
- 12:00pm Pressures to play on the elite athlete**
Aleisha Pearl Nelson
- 12:30pm LUNCH sponsored by At Therapy**
- Session 10 Moderator:** Lisa Hansen
- 1:15pm Tennis elbow – It's not a tennis injury**
Ben Cunningham
- 1:45pm Where there's a will there's a way**
Matt Wenham
- 2:15pm ACC Emerging Issues**
- 2:45pm Clinical Pearls**
Open forum
- 3:30pm Conference Close**